



Helsinki, February 17th, 2020

**Dansk Atletik Forbund
Frjálsíþróttasamband Íslands
Norges Fri-Idrettsforbund
Svenska Friidrottsförbundet
Suomen Urheiluliitto**

INVITATION

Nordic Junior Championships in Combined Events and two-nation match FIN-SWE in Combined Events

Dear friends,

We have the pleasure to invite the teams of Nordic and Baltic friends to our traditional combined events match (NJCCE) and two-nation match FIN-SWE, to be organized on **June 13th - 14th, 2020** in the City of **Seinäjoki**, Finland. The organiser of this Match is the leading athletics clubs of the region, **Seinäjoen Seudun Urheilijat**. The Seinäjoki Stadium was renovated in 2017 including eight lanes Mondo track.

Programme, NJCCE:

Men U23, decathlon
Men U20, decathlon
Men U18, decathlon

Women U23, heptathlon
Women U20, heptathlon
Women U18, heptathlon

The Championships will be organized according to the programme, rules and financial conditions explained **in the Nordic Handbook**. Please see Chapter 3.1 for General Regulations which are common to all Championships in the Nordic programme, Chapter 3.4 for the Special Regulations of the NJCCE.

Programme, FIN-SWE match:

Men, decathlon

Women, heptathlon



Each country may enter max. four athletes per event. Combined score of three best men in the men's match and three best women in the women's match.

Travelling:

On the Finnish map you will find Seinäjoki approximately 75 km east-southeast of Vaasa. The easiest way to Seinäjoki is to fly to Vaasa airport. Another option is to take the train to Seinäjoki.

Extra participant:

Extra participants from the Nordic countries are accepted to the FIN-SWE match.

Important:

The organizers would very much appreciate getting information about your preliminary plans (approximate number of competitors and team officials, travelling details, plan for transporting the poles, etc.) **two months before** the competition.

Don't hesitate to contact us if there are any comments or questions concerning the Match. See contact details at the end of this letter. The organizers will soon send details of the accommodations and the cost.

Contact details:

LOCAL ORGANISING COMMITTEE (Your main contact)

Contact person:

General Secretary

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Second contact:

Competition

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FINNISH ATHLETICS, Suomen Urheiluliitto

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Kind regards,

**FINNISH ATHLETICS
Suomen Urheiluliitto**

Mika Muukka

Competitions Director